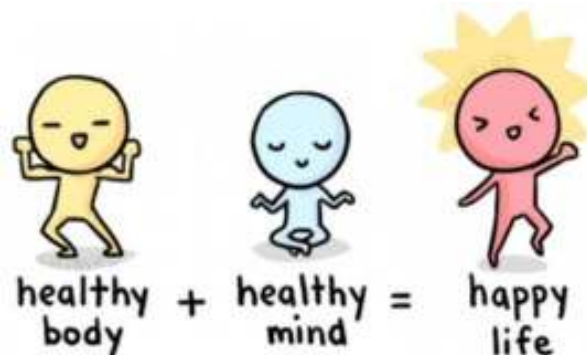




Texas Association for the
Education of Young Children

Healthy Beginnings Early Childhood Summer Conference July 7, 2018

This year the focus is on the **mind and body connection**. Science tells us that our thoughts, feelings, beliefs, and attitudes can affect our physical health. The opposite is also true, what we do with our physical bodies can impact our mental state including our ability to learn. **This mind-body connection** is something that is often overlooked in our early childhood programs but plays an important role in a child's overall well-being.



The conference will include:

- **Opening Session and Keynote by Holly Elissa Bruno on “Play’s the Thing”**
- **Interactive training sessions focused on the Mind and Brain Connection**
- **Networking Scavenger Hunt**
- **Attendees will receive 8 clock hours of professional development.**

Date: Saturday July 7, 2018

Time: 8:00 am – 4:00 pm

(Registration begins at 7:00 am)

Cost: \$50

(20% discount for NAEYC members)

(Lunch will be provided)

To register go to:

<https://2018healthybeginnings.eventbrite.com>

Location:

University of Houston Clear Lake
Bayou Building
2700 Bay Area Boulevard
Houston TX 77058

Link for Map and Directions

<https://goo.gl/maps/bQ3dMC6b26k>